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**Professional identity assisting staff and its effect on their quality of working life**

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 In my thesis I would like to focus on how the **Professional identity** assists staff
and its effect on their quality of working life.

The quality of working conditions, working environment, psychosocial factors, create
and influence not only the quality of working life but also the overall life quality
of individuals in society.The working lifeplays a major part in the lives of all human beings. Work includes maintaining individuals’ physiological life and an individuals’ awareness of his or her position in the world itself, while reflecting his or her personality in the external environment and understanding their own existence depending on their activity. The ability to understand and put sense into our lives including our work, as well as project ourselves in achievements, makes us human beings. Work is an essential activity in which an individual fulfills his or her necessities and develops their lives.

The **professional identity** is created by workplace conditions and the psychical qualities of every single individual in assisting professions. It is possible to take into account
two postulates from the social psychology point of view:

* No one has only one identity, however, there are many identities
* An individual perceives his or her identity according to two dimension:
* social, derived from their membership in various social groups;
* personal, based on specific, psychological characteristic, which make
an individual unique and different from other people.

**Aims and the outcomes of the project**

The aim of the thesis is to complete a methodology for identifying the critical part
of profession identity. The aim is also to compare the final data from two groups selected representatives of whole research. One specific aim is to find out whether the identification
of critical parts can be the prevention against the burn out effect.

**The characteristic of the final set and research methods**

The examined set consists of two groups of people working in assisting professions – social service employees (200 respondents) and advisory educational employees (100 respondents). Questionnaires are used for collating data as a quantitative method
so as to create the methodology.

**Conclusion**

The life quality results from interdependent conditions such as social, health, economical and environmental, which are connected with human and social development. Professional identity has a great impact on the quality of each individual’s life. If the life of the individuals working in assisting professions is quality, it can bring many benefits to the people who are receiving their services. If our society is more and more focused on the life improvement of disabled people, it should confirm that one of the main points for achieving this goal is to improve the assisting professions employees’ quality in their profession life.